

Community Pharmacy Lifestyle Services

Stop Smoking Service

Essex resident or registered with an Essex GP

Products are all **FREE** to clients

NRT products. 8 week programme

Varenicline. 12 week programme

Cut down to stop (CDTS) 4 weeks, followed by abrupt quit 8 weeks

Pharmacists and registered Technicians must enrol on PharmOutcomes to supply.

Vapes via Totally Wicked for 18 years plus

NHS Health Checks

Essex resident or registered with an Essex GP
(excluding Thurrock and Southend)

40 to 74 years

No pre-existing condition

Not had a health check in last 5 years

Service provision fees

£25 for client setting a quit date

An additional £75 for successful quit

Service provision fees

£30 per health check

All data is recorded on PharmOutcomes, and payment is made quarterly directly into nominated bank account